

**James E. Dowd, MD, FACR**  
*Board Certified Adult and Pediatric Rheumatologist*  
*Board Certified Integrative Holistic Medicine*  
10484 Citation Drive, Suite 100  
Brighton, MI 48116  
Phone: (810) 225-7553

**From Howell:**

Take Grand River east all the way through Brighton to Old US 23/Whitmore Lake Road. Continue on Grand River a ½ mile east of Old 23/Whitmore Lake Road to Eagle Center Dr on the *Left*. Turn *Left* onto Eagle Center then make a *Right* on Citation. We are the second building/driveway on the *Right*.

Alternate Directions: Take I-96 East to the Spencer Road exit (Exit 147). Take a *Right* onto Spencer Road and follow to Old US 23. Take a *Right* onto Old US 23 and head south to Grand River. Turn *Left* on Grand River and continue a ½ mile east to Eagle Center Dr. on the *left*. Turn *Left* onto Eagle Center then make a *Right* on Citation. We are the second building/driveway on the *Right*.

**From Flint/Fenton:**

Take US 23 south to the Lee Road Exit (Exit 58). Stay to the *Right* and make a sharp *Right* off the ramp onto the roundabout to head back north on Whitmore Lake Road. Follow Whitmore Lake Road north about a ½ mile to Grand River. Turn *Right* on Grand River and continue a ½ mile east to Eagle Center Dr. on the *Left*. Turn *Left* onto Eagle Center then make a *Right* on Citation. We are the second building/driveway on the *Right*.

Alternate Directions: Take US 23 South to I-96 West to the first exit (Brighton Exit). Turn *Left* onto Spencer Road and follow to Old US 23. Take a *Right* onto Old US 23 and head south to the next light at Grand River. Turn *Left* on Grand River and continue a ½ mile east to Eagle Center Dr on the *Left*. Turn *Left* off of Grand River onto Eagle Center then make a *Right* on Citation. We are the second building/driveway on the *Right*.

**From Novi:**

Take I-96 to exit 151 Kensington Rd. Stay to the *right* to continue onto Kensington Rd. Turn *Right* at the next light, on to Grand River. Continue on Grand River for approximately 3 miles until Eagle Center Dr. Turn *Right* on Eagle Center Dr. Turn *Right* on Citation. We are the second building/driveway on the *right*.

**From Ann Arbor:**

Take US 23 north to the Lee Road Exit (Exit 58). Follow roundabouts to Whitmore Lake Road and veer *Right* onto Whitmore Lake Road. Go about a ½ mile to Grand River. Take a *Right* on Grand River and continue a ½ mile east to Eagle Center Dr, which is on the *Left*. Turn *Left* off of Grand River onto Eagle Center then make a *Right* on Citation. We are the second building/driveway on the *Right*.

**Our office hours are:**

Monday 12 – 8pm, Tuesday 10 – 8pm, Wednesday 8 – 5pm, Thursday 7:30 – 3pm  
Closed Friday - Sunday



Our Address:  
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